

# Pilates Expanded Reformer, Cadillac, Wunda Chair & Barrels Photo Encyclopedia By Eme Cole

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Jun 07, 2015 Reformer, Cadillac, Wunda Chair, Ladder Barrel? Joseph Pilates invented the reformer to help people The Cadillac is a pilates jungle gym of sorts

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Eventually a full complement of equipment and accessories were designed by Pilates, including the Cadillac, Wunda converts from reformer to Cadillac in a

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### **Eme cole (author of pilates expanded reformer,**

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